

# Winter & Spring Break CAMPS for Youth

## Winter Break Camps

### Young Rembrandts Preschool HOLIDAY Camp

**Ages 3½ to 5 years**

Celebrate the season in this 4-day camp and draw pictures of snowy, holiday fun! We will draw many beautiful pictures and even put one in a frame-perfect for a gift!

*Instructor: Young Rembrandts Staff • Location: NKCC  
4 days • Resident \$79 / Non-Resident \$95*

Mon–Thur	10–11:30am	Dec 19–22	49744
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### Young Rembrandts HOLIDAY Art Camp

**Ages 5 to 12 years**

Celebrate the season in this 4-day hands-on art camp focused on holiday fun and icy winter landscapes. You will draw many pictures in realistic, abstract, and cartoon styles, then put your favorite picture in a frame – perfect for a gift!

*Instructor: Young Rembrandts Staff • Location: NKCC  
4 days • Resident \$145 / Non-Resident \$174*

Mon–Thur	12:30–3:30pm	Dec 19–22	49745
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### Play-Well LEGO® Jedi Adventure Game WINTER Break Camp

**Ages 5 to 7 years**

Mine, craft, and build the Star Wars universe using LEGO! Roll the dice to gather Jedi resources. Then build a Pod Racer, craft a Droid, or create the Treehouse Village of Endor! This novice Play-Well LEGO game is inspired by the Minecraft tablet game and the Star Wars fantasy setting.

*Location: NKCC • 4 days • Resident \$160 / Non-Resident \$192*

Mon–Thur	1–4pm	Dec 19–22	49746
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## Spring Break Camps

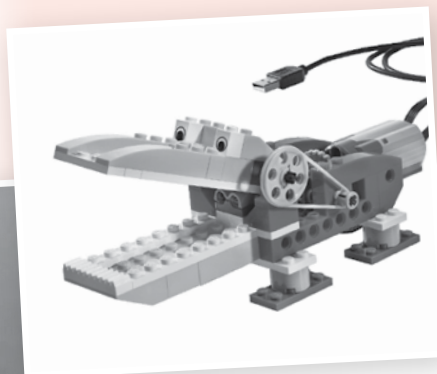
### Play-Well Robotics Using LEGO® WeDo SPRING Break Camp

**Ages 7 to 9 years**

Build and program robots in this introductory Robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young Robotics enthusiasts for our more advanced Robotics programs.

*Instructor: Play-Well TEKologies Staff • Location: NKCC  
5 days • Resident \$270 / Non-Resident \$324*

Mon–Fri	1–4pm	Apr 3–7	49747
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### Rhythmic Gymnastics & Creative Dance SPRING Break Camp

**Girls Ages 5 to 12 years**

La Luna Rhythmic Gymnastics spring break is designed for the beginner gymnast. Rhythmic gymnastics with balls, ribbons, clubs, ropes, and hoops will be emphasized along with ballet preparation and creative dance. Two snacks are provided by the Academy. You provide a leotard, lunch and water bottle.

*Instructor: La Luna Rhythmic Gymnastics Instructors  
Location: La Luna Academy 11251 120th Ave NE., Ste 150  
Kirkland, WA 98033, [www.lalunagym.com](http://www.lalunagym.com)*

*5 days • Resident \$200 / Non-Resident \$240  
(Extended care, see below)*

Mon–Fri	9am–4pm	Apr 3–7	49749
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*For Campers Only: Extended hours (for the week) from  
8–9am and 4–6pm, Resident \$40 / Non-Resident \$48*

Mon–Fri	8–9am & 4–6pm	Apr 3–7	49750
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## Music

### Move Over Mozart Piano Classes

#### Ages 5 to 12 years

Learn to play piano familiar tunes on the piano, read music, and, basic music theory. Class recitals are optional. Having a piano at home is not a requirement; instruction on community center piano or keyboard is included in instruction.

*A one-time \$10 materials fee is payable to instructor and due at first class • Class size is limited to 6 (additional classes may be added based on waiting lists) • For more information visit [moveovermozart.net](http://moveovermozart.net) • Location: NKCC*

**Fall 10 weeks • No class 10/31**  
Resident \$110 / Non-Resident \$132

<b>Ages 5–6</b>	Mon	4:30-5pm	Sept 12-Nov 21	49635
<b>Ages 7–8</b>	Mon	5:30-6pm	Sept 12-Nov 21	49753
<b>Ages 9–12</b>	Mon	6-6:30pm	Sept 12-Nov 21	49755

**Fall 11 weeks**  
Resident \$121 / Non-Resident \$145

<b>Ages 5–6</b>	Tue	4-4:30pm	Sept 13-Nov 22	49636
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**Fall 16 weeks • No class 11/24 & 12/29**  
Resident \$176 / Non-Resident \$211

<b>Ages 5–6</b>	Thur	4:30-5pm	Sept 15-Jan 12	49637
<b>Ages 5–6</b>	Thur	6-6:30pm	Sept 15-Jan 12	49638
<b>Ages 7–8</b>	Thur	5-5:30pm	Sept 15-Jan 12	49754

**Winter 9 weeks • No class 2/20**  
Resident \$99 / Non-Resident \$119

<b>Ages 5–6</b>	Mon	4:30-5pm	Jan 23-Mar 27	49647
<b>Ages 7–8</b>	Mon	5:30-6pm	Jan 23-Mar 27	49756
<b>Ages 9–12</b>	Mon	6-6:30pm	Jan 23-Mar 27	49758

**Winter 11 weeks**  
Resident \$121 / Non-Resident \$145

<b>Ages 5–6</b>	Tue	4-4:30pm	Jan 17-Mar 28	49648
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**Winter 10 weeks • No class 2/16**  
Resident \$110 / Non-Resident \$132

<b>Ages 5–6</b>	Thur	4:30-5pm	Jan 19-Mar 30	49649
<b>Ages 5–6</b>	Thur	6-6:30pm	Jan 19-Mar 30	49650
<b>Ages 7–8</b>	Thur	5-5:30pm	Jan 19-Mar 30	49757

For Move Over Mozart classes for ages 3-4 years, see page 16.



### Move Over Mozart Advanced Piano Classes

#### Ages 5 to 12 years

Admittance to advanced classes will need teacher approval. This is for the student that has already taken several sessions with move Over Mozart. Class will focus on learning to read notes on the staff, recognizing patterns in the music and identifying intervals.

*For more information visit [moveovermozart.net](http://moveovermozart.net)*

*Location: NKCC • 11 weeks*

*Resident \$121 / Non-Resident \$145*

<b>Ages 5 to 7</b>	Tue	5-5:30pm	Sept 13-Nov 22	49654
<b>Ages 8 to 12</b>	Tue	5:30-6pm	Sept 13-Nov 22	49655
<b>Ages 5 to 7</b>	Tue	5-5:30pm	Jan 17-Mar 28	49656
<b>Ages 8 to 12</b>	Tue	5:30-6pm	Jan 17-Mar 28	49657

### Beginning Guitar Turbo Charged!

#### 15 years to Adult

This fast-paced course covers all the basics—from tuning and strumming, all the way up to common chord progressions. Learn major, minor and 7th chords, basic rhythms and beginning theory. Good for acoustic styles.

*Must be at least 15 years old at the start of class. Student must provide their own instrument • Instructor: Scott Lawson • Location: NKCC • 8 weeks • No class 10/31 & 2/20*  
Resident \$98 / Non-Resident \$118

Mon	6:30-7:30pm	Sept 12–Nov 7	49759
Mon	6:30-7:30pm	Jan 23–Mar 20	49760

### Guitar Song Workshop

#### Ages 12 to Adult

A great sequel for those who have taken the TURBO CHARGED GUITAR class with a focus on songs. Or for intermediate players who know basic major and minor chords, and maybe even starting to get into barre chords. Learn how to learn and practice your favorite songs using basic techniques. Acoustic and Electric.

*Instructor: Scott Lawson • Location: NKCC • 8 weeks*  
*No class 10/31 & 2/20 • Resident \$98 / Non-Resident \$118*

Mon	5:15-6:15pm	Sept 12–Nov 7	49761
Mon	5:15-6:15pm	Jan 23–Mar 20	49762





## Valentine Workshop

**Ages 5 to 8 years**

Create a one-of-a-kind Valentine's Day box with glitter, doilies, paint, stickers, and more to store your beloved valentines. Listen to a heartwarming story, and enjoy a valentine snack.

*Instructor: Miss Pamela • Location: NKCC  
Resident \$20 / Non-Resident \$24*

Sat	10–11:30am	Feb 4	49533
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## Saturday Art

### Young Rembrandts Saturday Youth Art Workshops

**NEW!**

#### Mixed Media: Art History with the Master 1

**Ages 5 to 12 years**

Let the work of world-famous artists inspire you as we draw beautiful landscapes, still lifes, portraits, and caricatures using pencil, colored pencils, Sharpies, markers, and chalk pastels.

*Instructor: Young Rembrandts Staff • Location: NKCC  
5 weeks • Resident \$119 / Non-Resident \$143*

Sat	10:30am–12:30pm	Sept 10–Oct 8	49806
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#### Mixed Media: Winter Wonderland

**Ages 5 to 12 years**

Be inspired by the winter season. You will create a variety of pictures in different styles using pencils, colored pencils, Sharpies, and markers. The results will be truly frame-able!

*Instructor: Young Rembrandts Staff • Location: NKCC  
4 weeks • No class 11/26 • Resident \$95 / Non-Res \$114*

Sat	10:30am–12:30pm	Nov 19–Dec 17	49810
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#### Mixed Media: Art History with the Masters 2

**Ages 5 to 12 years**

Be inspired by the work of master artists as we draw portraits, still lifes, landscapes, and so much more using pencils, colored pencils, Sharpies, markers, and chalk pastels. All new lessons! No experience necessary.

*Instructor: Young Rembrandts Staff • Location: NKCC  
4 weeks • Resident \$95 / Non-Resident \$114*

Sat	10:30am–12:30pm	Feb 4–25	49812
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#### Cartooning: Monsters, Creatures and Creeps

**Ages 5 to 12 years**

Learn to illustrate amazing monsters of all shapes, sizes and levels of creepiness, in a variety of animated poses, using pencils, Sharpies, and markers.

*Instructor: Young Rembrandts Staff • Location: NKCC  
5 weeks • Resident \$119 / Non-Resident \$143*

Sat	10:30am–12:30pm	Oct 15–Nov 12	49809
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#### Superhero Cartooning

**Ages 5 to 12 years**

Become a comic book artist by learning to draw your own superhero characters in a variety of action-packed poses and scenes, using pencils, Sharpies, and markers.

*Instructor: Young Rembrandts Staff • Location: NKCC  
4 weeks • Resident \$95 / Non-Resident \$114*

Sat	10:30am–12:30pm	Jan 7–28	49811
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#### Fashion Runway: Royal Princesses

**Ages 5 to 12 years**

Enter the world of medieval fashion and draw elaborate dresses, headwear, and other fashion accessories of the time. You will leave this workshop as a royal fashion designer! Media includes pencils, colored pencils, Sharpies, and markers.

*Instructor: Young Rembrandts Staff • Location: NKCC  
4 weeks • Resident \$95 / Non-Resident \$114*

Sat	10:30am–12:30pm	Mar 4–25	49813
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More Youth Art classes,  
see page 28.



# Youth & Teens

## Art

### Clay Class

**Ages 5 to 8 years**

Young artists will discover the wonders of working in clay while developing skills in creating 3-dimensional art. Students will create and glaze hand-built treasures through exploration of subject matter including animals and nature.

*Pieces will be fired at Kirkland Arts Center*

*Classes offered in partnership with the Kirkland Arts Center*

*Location: PKCC • 6 classes • Resident \$75 / Non-Resident \$90*

Sat	9:30–11am	Sept 24–Oct 29	49552
Sat	9:30–11am	Jan 7–Feb 11	49553

### Young Rembrandts Drawing Class

**Ages 5 to 12 years**

Have fun while learning to draw in realistic, graphic and abstract styles! Young Rembrandts Drawing Classes teach new, seasonally-inspired lessons every session that explore artistic fundamentals. Every month includes an exciting lesson in Art History. Media includes pencil, color pencils, Sharpies, and markers. We provide all supplies and a trained instructor. Everyone can learn to draw. We will teach you how!

*Instructor: Young Rembrandts Staff • Location: NKCC*

**Fall 5 weeks • Resident \$65 / Non-Resident \$78**

Tues	4–5pm	Sept 6–Oct 4	49791
Tues	4–5pm	Nov 15–Dec 13	49792

**Winter 4 weeks • Resident \$52 / Non-Resident \$62**

Tues	4–5pm	Feb 7–Feb 28	49794
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### Young Rembrandts Cartooning Class

**Ages 5 to 12 years**

Learn to illustrate exciting cartoon imagery filled with dynamic characters and expressive personalities. You will develop visual story-telling skills by drawing humorous sequential images. Young Rembrandts will teach new lessons every session that are both educational and FUN! Media includes pencils, Sharpies, and markers. We provide all supplies and a trained instructor. Enroll today!

*Instructor: Young Rembrandts Staff @ Location: NKCC*

**Fall 5 weeks • Resident \$65 / Non-Resident \$78**

Tues	4–5pm	Oct 11–Nov 8	49793
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**Winter 4 weeks • Resident \$52 / Non-Resident \$62**

Tues	4–5pm	Jan 10–31	49795
Tues	4–5pm	Mar 7–Mar 28	49796



## Cooking

### Creating in the Kitchen with Karen

**Ages 4 to 8 years**

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

*Instructor: Karen Renfro-Gielgens • Location: McAuliffe Park, 10824 NE 116th St, Kirkland 98034. Enter the park going north off of 108th Ave NE from NE 116th St, and then turn into the first driveway on the right*

**8 weeks • No class 1/16 & 2/20 • \$10 supply fee payable to instructor • Resident \$72 / Non-Resident \$86**

Mon	3:50–4:50pm	Sept 12–Oct 31	49497
Mon	3:50–4:50pm	Jan 9–Mar 13	49499

### Holiday Creating in the Kitchen with Karen

**Ages 4 to 8 years**

Cook special holiday treats in this 5-week class.

*Location: McAuliffe Park, 10824 NE 116th St, Kirkland Enter the park going north off of 108th Ave NE from NE 116th St, and then turn into the first driveway on the right.*

**5 weeks • Supply fee of \$7 payable to instructor Resident \$45 / Non-Resident \$54**

Mon	3:50–4:50pm	Nov 7–Dec 5	49501
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For Creating in the Kitchen with Karen ages 3–5, see page 15.

## Life Skills & General Interest

### Self Defense for Children

**Ages 5 to 9 years with parent**

Today's news is filled with stories of child abuse, assaults, and Amber alerts. Keep the magic of childhood safe in this low-key, friendly, and age-appropriate safety skills class for girls and boys ages 5 to 9. Learn about risks facing your kids, how to frame the discussion with children, and recognizing when someone may be targeting your family. Children will practice the 'five fingers' approach: think, yell, get free, run, and tell.

*Instructor: Joann Factor • Location: NKCC  
Resident \$43 / Non-Resident \$52*

Sat	12:30–2pm	Oct 8	49826
Sat	12:30–2pm	Feb 4	49827

### Self Defense for Teen Girls Only

**Ages 14 to 19 years**

This three-hour course will provide young ladies the education and awareness to avoid and escape potentially dangerous situations. Course will cover dating violence, how assailants target and test potential victims, personal safety and much more. Students will learn physical techniques, strikes and releases to safely remove oneself from dangerous situations. It is a great class to take with a friend.

*Class size limited to 15 • Instructor: Joann Factor  
Location: NKCC • Resident \$60 / Non-Resident \$72*

Sat	1–4pm	Jan 14	49828
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### Home Alone / Safe Kids 101

**Ages 9 to 13 years**

Kids *think* they are ready to stay home alone and parents wonder if it's okay to let them. This three-hour home alone class will help your **9 to 13-year-old** take the next step in independence while giving you peace of mind. Topics include: responsibilities when staying home alone, simple first aid and abdominal thrusts for choking victims, how to navigate the online world, fire safety and what to do around an aggressive dog. We'll also discuss the truth behind abuse, abduction, and stranger danger. All participants will receive the *Safe Kids 101* book.

*Bring a snack and drink • Instructor: Super Sitters LLC  
Location: NKCC • Resident \$40 / Non-Resident \$48*

Sat	9am–12pm	Oct 22	49820
Sat	9am–12pm	Feb 11	49821

### Super Sitters

**Ages 11 to 15 years**

This program is designed to train young people in basic babysitting and home-alone skills. Students completing this course will be better prepared to provide a safer and more positive infant/child care experience. Taught by a hospital-qualified instructor, this class includes parent expectations, basic first aid, home and fire safety, Heimlich maneuver, telephone tips, toys and activities and infant care. Participants receive a Babysitting 101 handbook and a certificate of completion at the end of the class.

*Bring a sack lunch, drink, and afternoon snack  
Instructor: Super Sitters LLC • Location: NKCC  
Resident \$50 / Non-Resident \$60*

Sat	9am–2pm	Sept 24	49829
Sat	9am–2pm	Jan 28	49830

### Young Ladies & Gentlemen I (Etiquette)

**Ages 6 to 11 years**

Manners are the key to building positive friendships and strong self-confidence. This fun, hands-on workshop explores the value of kindness and respect for others and their practical applications in introductions and handshakes, table manners, personal care, posture, telephone etiquette and more.

*Bring supply fee of \$5 payable to Instructor for Etiquette Book. Instructor from Final Touch Finishing School  
Location: NKCC • Resident \$39 / Non-Resident \$47*

Sat	9am–12pm	Nov 5	49831
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### Young Ladies & Gentlemen II (Party Manners)

**Ages 6 to 11 years**

This course is a natural follow-up to Young Ladies and Gentlemen I. One of the first social settings that children encounter is being a guest. Learning how to be a gracious guest, guest of honor, or host, are skills they will use lifelong. Boys and girls will learn about invitations, being a great guest and host, practice meeting and greeting others, polite conversation, giving and receiving gifts, basic table manners while neatly eating birthday cake, and how to create their own thank you notes. It is not necessary to have taken Young Ladies and Gentlemen I to enroll in Young Ladies and Gentlemen II. Cake will be served in this class.

*Instructor from Final Touch Finishing School  
Location: NKCC • Resident \$39 / Non-Resident \$47*

Sat	1–4pm	Nov 5	49832
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## Youth Dance

### Lyrical/Contemporary

**Ages 8 to 12 years**

Lyrical and Contemporary are popularized on commercial dance today. Have you watched So You Think You Can Dance or X Factor and thought to yourself, "I would love to do that"? If so, this is the class that will teach you how to combine Ballet and Jazz with some stylistic music. It's an awesome way to stay healthy and have fun.

*Leather-soled ballet shoes required*

*Location: NKCC • 12 weeks • No class 11/24*

*Resident \$111 / Non-Resident \$133*

Thur	4–4:55pm	Sept 15–Dec 8	49844
Thur	4–4:55pm	Jan 12–Mar 30	49845



### Keiki Hula

**Ages 5 through 8 years**

Students will learn the basic foot and hand motions of the hula with emphasis on posture and timing. They will sing and learn the story of their hula along with a few Hawaiian words that pertain to their dance. Please wear shorts and t-shirts to class.

*Instructor: Jeanne Makanaokalani Porter • Location: NKCC  
10 weeks • Resident \$71 / Non-Resident \$85*

Wed	5:30–6:15pm	Sept 7–Nov 9	49846
Wed	5:30–6:15pm	Jan 11–Mar 15	49847

### Hip Hop Girls 1

**Ages 5 to 7 years**

Dance like your favorite pop stars! In this high-energy, age appropriate class, girls will learn fun hip-hop techniques and combinations, danced to their favorite music. Hip Hop is a popular, energetic pop style version of urban street dance. Learn the latest moves to "today's" (clean version) of music. Build self-esteem, enhance your coordination and stay fit!

*Wear loose clothing and tennis shoes please!*

*Instructor Elbert Lubas • Location: NKCC*

**Fall 6 weeks • No class 10/31 & 11/21**  
*Resident \$43 / Non-Resident \$52*

Mon	4–4:45pm	Sept 12–Oct 17	49848
Mon	4–4:45pm	Oct 24–Dec 12	49854

**Winter 5 weeks • No class 1/16**  
*Resident \$36 / Non-Resident \$43*

Mon	4–4:45pm	Jan 9–Feb 13	49849
Mon	4–4:45pm	Feb 27–Mar 27	49855

### Hip Hop Boys 1

**Ages 5 to 7 years**

Boys can benefit from dance and the concentration and strength that dance builds. These classes are designed to encourage athleticism. Boys process new information in a different way than girls and will feel more comfortable and accomplished in an environment that is designed just for them. Learn to express yourself through music and dance, using the dynamic dance style of hip hop, a dance form that focuses on the hip hop culture, music attitude, style and funk just for boys.

*Wear loose clothing and tennis shoes please!*

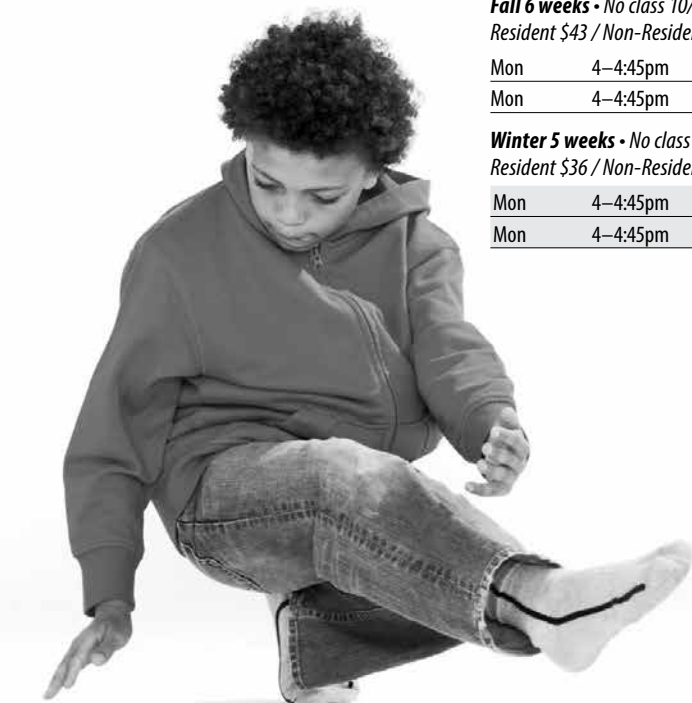
*Instructor Elbert Lubas • Location: NKCC*

**Fall 6 weeks • No class 10/31 & 11/21**  
*Resident \$43 / Non-Resident \$52*

Mon	4:50–5:35pm	Sept 12–Oct 17	49856
Mon	4:50–5:35pm	Oct 24–Dec 12	49857

**Winter 5 weeks • No class 1/16**  
*Resident \$36 / Non-Resident \$43*

Mon	4:50–5:35pm	Jan 9–Feb 13	49858
Mon	4:50–5:35pm	Feb 27–Mar 27	49859





## Hip Hop 2

### Ages 7 to 11 years

This Hip Hop class is for the 7 year old who has had a minimum of 2 previous sessions of Hip Hop 1, or the older student with some Hip Hop experience.

*Wear loose clothing and tennis shoes please!*

*Instructor Elbert Lubas • Location: NKCC*

**Fall 6 weeks • No class 10/31 & 11/21**

*Resident \$43/ Non-Resident \$52*

Mon	5:45–6:30pm	Sept 12–Oct 17	49860
Mon	5:45–6:30pm	Oct 24–Dec 12	49861

**Winter 5 weeks • No class 1/16**

*Resident \$36/ Non-Resident \$43*

Mon	5:45–6:30pm	Jan 9–Feb 13	49862
Mon	5:45–6:30pm	Feb 27–Mar 27	49863

## Beginning Ballet/Tap Combo

### Ages 5 to 7 years

This class is a progressive transition from Preschool Dance/Tap Combo B. Using two-thirds ballet and one-third tap, this class will build technique and dance vocabulary. Parent watch day is during the last class; bring your camera!

*Leather-soled ballet and tap shoes required*

*Location: NKCC*

**Fall 14 weeks • No class 11/22**

*Resident \$100 / Non-Resident \$120*

Tue	5:45–6:30pm	Sept 6–Dec 13	49837
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**Winter 12 weeks • Resident \$86 / Non-Resident \$103**

Tue	5:45–6:30pm	Jan 10–Mar 28	49838
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## Ballet 1

### Ages 5 to 7 years

This class introduces ballet technique to the older student while challenging the younger experienced student. Ballet vocabulary, alignment, posture, strength, and fluidity will be the focus through barre exercises, floor, and center work.

**Prerequisite for 5 year olds:** Preschool Dance B or equivalent experience. 5 year olds must register by phone at 425.587.3350.

*Leather-soled ballet shoes required • Bring your cameras on Parent Watch day, the last day of the session*

*Location: NKCC*

**Fall 14 weeks • No class 11/26**

*Resident \$100 / Non-Res \$120*

Sat	11:30am–12:15pm	Sept 10–Dec 17	49839
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**Winter 12 weeks • Resident \$86 / Non-Resident \$103**

Sat	11:30am–12:15pm	Jan 7–Mar 25	49840
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## Ballet 2

### Ages 8 & 9 years

This class for boys and girls will give the opportunity to learn ballet technique and vocabulary by participating in standard ballet fundamentals. Class will start with Barre and Stretch where each student will learn positioning and posture. As class progresses students will enhance their skills and knowledge with a center combination. This class is geared to teach youth in an open and positive environment and will enhance their balance, strength, and coordination.

*Class includes a great balance of technical training, musicality and choreography. Two ballet classes per week are recommended for continual progress.*

*Leather-soled ballet shoes required*

*Instructor Elbert Lubas • Location: NKCC • 12 weeks*

*No class 11/24 • Resident \$115 / Non-Resident \$138*

Thur	5–6pm	Sept 15–Dec 8	49841
Thur	5–6pm	Jan 12–Mar 30	49843

## Adult Dance Classes

See page 46

## Teen Ballet with Marco Carrabba

*Instructor: Marco Carrabba, Ballet Master/Choreographer of Carrabba Dance Theatre, has a 20 year distinguished professional dance career and over 18 years' experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.*

## Ballet – Teen

### Ages 10 to 16 years

Learn ballet technique, dance vocabulary, practice exercises at the barre, stretching and center floor work. Emphasis is on improving balance, coordination, alignment and strength all taught in a positive and supportive environment. Students will also learn specific steps and creative movement. This fun, invigorating class for boys and girls is a balance of activities and musical awareness. Two ballet classes per week are recommended for continual progress.

*Location: PKCC • Instructor: Marco Carrabba*

*Resident \$66 / Non-Resident \$79*

**Mondays 6 classes**

*No class 10/31, 12/26, 1/2, 1/16 & 2/20*

Mon	4:15–5:15pm	Sept 12–Oct 17	49554
Mon	4:15–5:15pm	Oct 24–Dec 5	49555
Mon	4:15–5:15pm	Dec 12–Feb 6	49556
Mon	4:15–5:15pm	Feb 13–Mar 27	49560

## Cheerleading

### Dream Team Cheer Squad

**Ages 7 to 18 years**

Be a part of the Kirkland Parks beginning-to-intermediate level cheer squad! You'll learn dances, cheers, and beginning tumbling. There will be opportunities to perform too. Dream Team has performed at halftime for the Seattle Storm and University of Washington basketball games, and numerous community events. Previous experience is not required—contact instructor with questions. Cheer classes are run by Eastside Dream Elite Cheer & Dance, [www.EastsideDreamElite.com](http://www.EastsideDreamElite.com). Some extra costs may be incurred for this class.

*Previous experience is not required—contact instructor with questions, [anne@EastsideDreamElite.com](mailto:anne@EastsideDreamElite.com)*

*Location: NKCC • 6 classes • No class 11/24  
Resident \$83 / Non-Resident \$92*

Thur	5–6:30pm	Sept 22–Oct 27	49864
Thur	5–6:30pm	Nov 3–Dec 15	49865
Thur	5–6:30pm	Jan 5–Feb 9	49866
Thur	5–6:30pm	Feb 23–Mar 30	49867

## Soccer

### UK Elite Feet Soccer IDP

**Ages 7 to 14 years**

The UK Elite Soccer Individual Development Program offers the best possible professional training for players aged 7 to 14. Players are divided into groups that match our age-specific curriculum. Players will learn technical and tactical aspects of soccer all within a challenging and fun environment. The program will be led by the professional UK Elite coaches.

*Location: Juanita Beach Park, 9703 NE Juanita Drive  
Resident \$100 / Non-Resident \$120*

**COED: Ages 7 to 9 years**

Sundays	9:30–11am	Sept 18–Oct 23	49968
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**COED: Ages 10 to 14 years**

Sundays	11am–12:30pm	Sept 18–Oct 23	49969
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Ice Skating  
all ages, see page 22

## Rhythmic Gymnastics

The Olympic sport of Rhythmic Gymnastics combines the grace and beauty of ballet and creative movement with music. Participants perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Self-esteem, discipline, flexibility, dance and artistry, concentration, eye/hand coordination, and aerobic exercise are some of the benefits of this unique sport.

*Location: La Luna Gym, 11251 120th Ave NE, Suite 150, Kirkland • Instructor Arzu Karaali has trained athletes for National and International competitions and has worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta. She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2. [www.lalunagym.com](http://www.lalunagym.com)*

For Rhythmic  
Gymnastics  
ages 4–5,  
see page 21

### Rhythmic Gymnastics for Youth

**Girls Ages 6 to 8 years**

In this class for new and continuing students we will work on ballet, conditioning, and the basic study of Rhythmic Gymnastics. Simple routines will be taught to new students while using hoop, ball, and rope. We will challenge continuing students with advanced routines and all other areas of Rhythmic Gymnastics. Gymnasts in this class may be invited to participate in the Academy's performances and exhibitions.

*Gymnastics leotard required, bare feet or socks OK  
6 weeks • No class 11/26 • Choose between 1 hour or  
1½ hour classes • Resident \$135 / Non-Resident \$162*

*Location: La Luna Gym,*

*11251 120th Ave NE, Suite 150, Kirkland*

### 1½ hour classes

**6 weeks • No class 11/26**

*Resident \$135 / Non-Resident \$162*

Sat	1–2:30pm	Sept 10–Oct 15	50047
Sat	1–2:30pm	Oct 29–Dec 10	50048
Sat	1–2:30pm	Jan 7–Feb 11	49725
Sat	1–2:30pm	Feb 18–Mar 25	50057

### 1 hour classes

**Fall 8 weeks**

*Resident \$120 / Non-Resident \$144*

Mon	4–5pm	Sept 12–Oct 31	50049
Tues	4–5pm	Sept 6–Oct 25	50050
Wed	4–5pm	Sept 7–Oct 26	50051
Thur	4–5pm	Sept 8–Oct 27	50052

**Fall 6 weeks • No class 11/24**

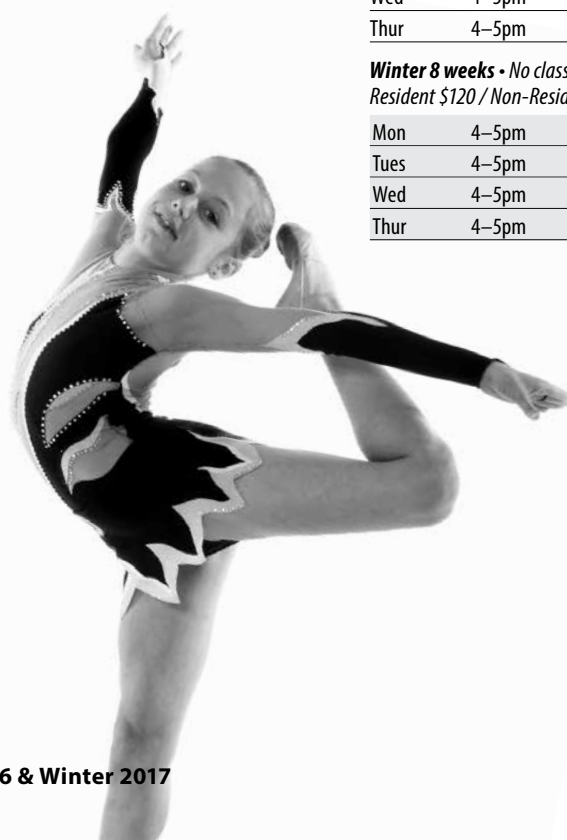
*Resident \$90 / Non-Resident \$108*

Mon	4–5pm	Nov 7–Dec 12	50053
Tues	4–5pm	Nov 8–Dec 13	50054
Wed	4–5pm	Nov 9–Dec 14	50055
Thur	4–5pm	Nov 3–Dec 15	50056

**Winter 8 weeks • No class 1/16 & 2/20**

*Resident \$120 / Non-Resident \$144*

Mon	4–5pm	Jan 9–Mar 13	50058
Tues	4–5pm	Jan 10–Feb 28	50059
Wed	4–5pm	Jan 11–Mar 1	50060
Thur	4–5pm	Jan 12–Mar 2	50061







## Youth Ice Hockey at SnoKing Ice Arena

- > Class will be held at SnoKing Ice Arena; 14326 124th Ave NE, Kirkland, WA 98034
- > Once you have registered for the class, please contact SnoKing at 425.821.7133 1 week prior to start of class to arrange for equipment rental pickup
- > Registration for Hockey 1 and 2 closes one week in advance

### Hockey 1 – Learn to Skate

#### Ages 4 to 9 years

Beginner ice skaters will learn the fundamentals of ice skating, become comfortable on the ice, learn the basic hockey stance, stride, knee bend, use of edges and how to hold a stick. Proper skating techniques are the primary focus of this lever. Skaters will learn the necessary ice skating fundamentals to be successful in Hockey 2–Learn to Play.

*Prerequisite: N/A (new skaters welcome)*

*Equipment required: (Please note below equipment can be rented) helmets, stick, gloves rental available with registration • 6 week series, one class a week  
No class 11/26, 12/24, 12/31, 1/14, 2/18, 4/15*

#### Class Fee with NO Rental Equipment

Resident \$120 / Non-Resident \$144

Sat	10:20am–11:20am	Sept 10–Oct 15	49921
Sat	10:20am–11:20am	Oct 22–Dec 3	49922
Sat	10:20am–11:20am	Dec 10–Feb 4	49923
Sat	10:20am–11:20am	Feb 11–Mar 25	49927
Sat	10:20am–11:20am	Apr 1–May 13	49928

#### Class Fee WITH Rental Equipment

Resident \$150 / Non-Resident \$180

Sat	10:20am–11:20am	Sept 10–Oct 15	49924
Sat	10:20am–11:20am	Oct 22–Dec 3	49925
Sat	10:20am–11:20am	Dec 10–Feb 4	49926
Sat	10:20am–11:20am	Feb 11–Mar 25	49930
Sat	10:20am–11:20am	Apr 1–May 13	49931

### Hockey 2 – Learn to Play

#### Ages 4 to 9 years

Hockey 2 is ideal for those who have taken Hockey 1 or have basic skating skills and are ready to move onto a full hockey curriculum. The program focuses on the fundamental skating and stick-handling skills used in games, in addition to improving each player's balance, agility and control. A fun and encouraging environment will be maintained with an emphasis on teaching through drills and scrimmages. Players play in game situations, in FULL hockey gear for this class. Course fee includes jersey, distributed mid-season, and end of the year award.

*Prerequisite and Requirements: Hockey 1 or basic ice skating skills. Players must be registered with USA Hockey and will be given instructions on how to do so prior to the 1st day of class. Annual membership cost is \$49.00 for ages 7 and up. There is no fee for 6 years and younger. The registration is required for insurance purposes and is active for the whole 2016-2017 season*

*Equipment required: (Please note below equipment can be rented) Full hockey equipment required • 16 week program, one hour class held on Saturdays  
No class 11/26, 12/24, 12/31, 1/14.*

#### Class Fee with NO Rental Equipment

Resident \$235 / Non-Resident \$282

Sat	8:10am	Oct 1–Feb 11	49933
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#### Class Fee WITH Rental Equipment

Resident \$315 / Non-Resident \$378

Sat	8:10am	Oct 1–Feb 11	49934
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## KIRKLAND KIDS TRIATHLON

*"I wanted to tell you how much our two grandchildren enjoyed the Children's Triathlon. They came away with such a sense of pride and accomplishment. It was extremely well organized."*

**This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon.** Athletes participate in 50 yard swim/splash, ½ mile bike, ½ mile run. Registration will close September 8th. Day of event registration will be available beginning at 10:15am however; participants are encouraged to register prior to the event.

### AGES 3 TO 12 YEARS

**SEPTEMBER 10, 2016  
JUANITA BEACH**

**Race begins at 11:00am  
Check in begins at 10:15am**

**\$32 • Registration #48081**

**Participants will receive swim cap,  
T-shirt & ribbon**

# 2016 2017 YOUTH BASKETBALL LEAGUE

CITY OF KIRKLAND  
GIRLS & BOYS • GRADES 3-6

This league focuses on basketball skill development, teamwork, and having fun as well as broadens “winning” to include enjoyment of the sport, creating friendships, and the learning of new skills.



**Pee Wee Basketball  
for 2½ to 6 year olds!  
See page 23**

Questions about the league visit:

**[www.kirklandwa.gov/youthathletics](http://www.kirklandwa.gov/youthathletics) or call 425.587.3360**

**Volunteer Coaches Needed for Each Team!!**

Please see information below.

## League Divisions

**BOYS:** Grade 3, Grade 4,  
Grade 5, Grade 6

**GIRLS:** Grade 3, Grade 4,  
Grade 5-6

## How are teams formed?

KPCS uses the following procedure to create teams for 3rd, 4th Grade Girls and Boys, and 5th Grade Boys.

1. Registration is taken on a first come, first served basis.
2. Children are placed on the roster for the school they attend, their grade which they are registered for and their gender. The first 10 registered form the first team, the next 10 registered form the second team, and so on; If necessary, children from schools in close geographical proximity will be placed together to fulfill roster requirements; due to not enough or too many kids registered from their home school. \*Please note on a case by case situation, some teams may have 11 players due to registration numbers\*
3. Children from private schools or home school will be placed on a roster of the public school they would attend in their neighborhood if they did not attend a private school / home school.

## \*NEW TEAM FORMATION METHOD FOR 5th/6th GIRLS\*

The KPCS uses the following procedure to create teams for 5th/6th Grade Girls and 6th Grade Boys.

1. Registration is taken on a first come, first served basis.
2. 6th grade boys will register for the middle school which they attend and their gender. **5th grade girls** will register for the middle school they will attend the **following year** when they are in 6th grade, 6th grade girls register for the middle school they attend. Teams will be formed on November 19th by coaches/league coordinator at the coaches meeting, based on the number of players registered. Grade ratios for 5th/6th grade girls will be taken into consideration. All registered players will be placed on a team \*please note on a case by case situation, some teams may have 11 players due to registration numbers\*
3. Children from private schools or home school will be placed on a roster of the public school they would attend in their neighborhood if they did not attend a private school / home school.

## Volunteer Coaches Needed

If you are interested in coaching youth basketball, please visit [www.kirklandwa.gov/youthbasketball](http://www.kirklandwa.gov/youthbasketball) for a coaching application. We handle volunteer application on a first come first serve basis; therefore, getting your application turned in ASAP is crucial. All coaches must pass a background check. If no one volunteers to coach your team then KPCS staff will contact individual parents from your team roster to recruit a coach.

## Requests

Kirkland Parks and Community Services do not take requests for specific teams or coaches.

## Games

Games will begin Saturday, January 7, 2017. KPCS youth basketball games are played on Saturdays, 1/7, 1/14, 1/21, 1/28, 2/4, 2/11, 2/25, and 3/4 between 8am–5pm. March 11 will be a makeup game weekend if games are canceled due to weather. No games will be played 2/18. Teams may have double headers and/or BYE weekends. Game schedule will be posted in mid-December at [www.kirklandwa.gov/youthathletics](http://www.kirklandwa.gov/youthathletics)

## Practices

Teams begin practicing the week of November 28th. Teams will practice twice a week. Practice start times range from 5:00pm to 8:00pm and may be on any weekday.

## Uniforms

Uniforms are provided by the generosity of Land O' Frost and will be handed out by coaches before the first game.

## Snow/Rain

Please call 425.587.3335 during inclement weather to ensure games are being played.

	BOYS				GIRLS			
SCHOOL	3rd	4th	5th	6th	3rd	4th	5th	6th
AG BELL	49103	49117	49131		49150	49182		
FRANKLIN	49104	49118	49132		49151	49183		
SANDBURG	49105	49119	49133		49152	49165		
THOREAU	49106	49120	49134		49153	49166		
KELLER	49107	49121	49135		49154	49167		
MUIR	49108	49122	49136		49155	49168		
JUANITA	49109	49123	49137		49156	49169		
LAKEVIEW	49110	49124	49138		49157	49170		
TWAIN	49111	49125	49139		49158	49171		
PETER KIRK	49112	49126	49140		49159	49172		
FROST	49113	49127	49141		49160	49173		
ROSE HILL	49114	49128	49142		49161	49174		
HOLY FAMILY	49115	49129	49143		49162	49175		
KIRKLAND MIDDLE				49145			49178	49178
KAMIAKIN MIDDLE				49146			49179	49179
FINN HILL MIDDLE				49147			49180	49180
ROSE HILL MIDDLE				49148			49181	49181

5th GRADE GIRLS: register for the middle school they will attend in 6th grade. Girls 5th/6th is a combined league.

## Registration Deadlines: October 31, 2016

Registration after October 31st will be accepted on a space available basis and is only available by calling 425.587.3360.

**To register visit: [www.kirklandparks.net](http://www.kirklandparks.net) or call 425.587.3336**

**Resident Fee \$112 / Non-Resident Fee \$134**

## Refund Policy

Refund/credits are granted if request is made on or before November 21st. Withdrawals requested between November 22nd and November 27th will result in a credit/refund of 50% of the registration fee, less a \$10.00 administrative fee. No refund/credit will be issued on or after November 28th.

## Note

Basketball leagues for grades K-2 and 7-9 are run through the Kirkland Boys and Girls Club at 425.827.0132.

## Basketball Officials Needed

We are hiring officials for youth basketball games. The pay range is approximately \$10–\$14 per game. Training is provided. Minimum age of 16 year olds. For more information call 425.587.3360 or visit [www.govjobstoday.com](http://www.govjobstoday.com) to apply.



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